

To whom it may concern

Re: Wellbeing assessment of Mrs C and baby M

Having observed and assessed baby M today I have noted that she has lost some weight (about 10oz) since leaving hospital. She was irritable and had rather extensive nappy rash which had been treated with some antiseptic healing cream earlier this morning. It was still looking very red and the baby was obviously in some discomfort.

I spoke to the mother assuring her it is normal for full term babies to lose some weight after birth and when first starting breast feeding. Mrs C explained that she is having difficulty with this so we discussed options and agreed that a top up of formula at night would supplement the breast feeding. I also suggested expressing some milk for 'top ups' or for when Mrs C was extremely tired allowing her mother to bottle feed the baby. I will arrange some home visits to assist Mrs C with this.

Mrs C looked very tired and run down. She is very vulnerable at present and my initial assessment is that she is not coping at home with the baby and 2 children whilst the husband is away. I consider Mrs C to have classic symptoms of post-natal depression and have advised her to contact her GP for a full assessment.

From discussion with both Mrs C and her mother, and after the assessment of the baby, I have concerns for the health and wellbeing of the whole family. However Mrs C's mother is very supportive and is helping out. After dialogue with both parties it was agreed that she would spend more time at the house with mother and baby whilst Mrs C's father supported the two older children.

A home visit by the duty health visitor should ensure that the safeguarding of the children is paramount and I will request for this to be arranged as soon as possible.